



**Resource List: Food Futures**  
**Suggestions to recharge your curiosity!**  
**Based on California Humanities' staff, speakers and partner input.**

**Selections by Speakers**

**Jonathan Gold**

LA Times [Food Column](#) including [Jonathan Gold's 101 Best Restaurants 2015](#), videos, and photos  
[City of Gold](#), film by Laura Gabbert follows Pulitzer Prize-winning food critic Jonathan Gold as he explores the culinary culture of Los Angeles. In theaters now!

**Mas Masumoto** <http://www.masumoto.com/>

**Wisdom of the Last Farmer, Harvesting Legacies from the Land**  
**Epitaph for a Peach, Four Seasons on my Family Farm** Book and CD of Spoken Words and Story Songs

**Sarah Smith**

[Institute for the Future \(ITF\) Food Futures Lab](#) - reports and resources on website  
[Seeds of Disruption: How Technology is Remaking the Future of Food](#) - mapping tool for starting conversations about technology's ability to close gaps in the food system

**Alice Water** <http://www.chezpanisse.com/product-category/books/>

**California Fresh Harvest: A Seasonal Journey through Northern California**  
[The Edible Schoolyard](#)

**To Read: Explore relevant books and articles**

[The Future of Food According to Alice Waters](#) by Javier Cabral, April 5, 2016, VICE Munchies - interview with Alice Waters and Mas Masumoto on the farmer/chef relationship

[The future of food among many topics discussed at Los Angeles Times Festival of Books](#) by Cindy Chang, April 10, 2016, LA Times - recap of the Festival prominently highlighting the Food Futures panel

[Between Meals Cookbook](#) by Dani Fisher and Lauren Markham - Stories & Recipes from Refugee Women - a project of Refugee Transitions

[Empty Pleasures](#) by Carolyn de la Pena - history of artificial sweeteners

[The Omnivore's Dilemma: A Natural History of Four Meals](#) by Michael Pollan - What's at stake in our eating choices is not only our own and our children's health, but the health of the environment that sustains life on earth

[Afro-Vegan: Farm-Fresh African, Caribbean, & Southern Flavors Remixed](#) by Bryant Terry - favorite staples, ingredients, and classic dishes of the African Diaspora to present wholly new, creative culinary combinations

[L.A. Son: My Life, My City, My Food](#) by Roy Choi - the food and the stories that gave rise to Choi's inspired cooking and the creation of the Korean taco

[Eating Culture: An Anthropological Guide to Food](#) by Gillian Crowther - overview of the important role that anthropology plays in understanding food

[World Hunger: 10 Myths](#) by Francis Lappe and Joseph Collins - originally published in 1977, an examination of the myths and policies that prevent addressing hunger and keep people from feeding themselves

[Fast Food Nation](#) by Eric Schlosser - this exposé reveals how the fast food industry has altered the landscape of America

[Food Politics: How the Food Industry Influences Nutrition and Health](#) by Marion Nestle - revelation of how the competition for your food dollars really works and how it affects our health

[Start a Community Food Garden: The Essential Handbook](#) by LaManda Joy

[Children's books portray the tough reality of hunger and poverty](#) by Mary Treacy, Twin Cities Daily Planet, December 11, 2012 - children's books about poverty and hunger

[World Food Programs](#) - resources to understand and fight hunger worldwide

## To Listen: Learn on the go with radio and podcasts

- [Broadway: Around the World in 30 Blocks](#) by Elaine Corn, Capital Public Radio, December 2008-December 2009 - a yearlong series of culture and cuisine along Sacramento's most delicious street
- [In 'L.A. Heat' Art Exhibit, Sriracha and Tapatio Form Holy Union of Hot Sauce](#) by Steven Cuevas, KQED - California Report, March 21-23, 2014 – artists explore the iconic images of rival hot sauces
- [California Foodways](#) by Lisa Morehouse - a radio and print series reporting stories about California and Californians through the lens of food
- [Hidden Kitchens](#) by Kitchen Sisters (Davia Nelson & Nikki Silva) - radio series explores the world of unexpected, below the radar cooking, legendary meals and eating traditions
- [The Gleaners of Salinas Valley: Gleaning Stories, Gleaning Change](#) - radio stories highlighting childhood memories on gleaning

## To Watch: Engage in important California stories through film

- [Cooked](#), Netflix (based on Michael Pollan's book) - an enlightening and compelling look at the evolution of what food means to us through the history of food preparation and its universal ability to connect us
- [Food, Inc.](#) by Robert Kenner - a film exposing the highly mechanized underbelly of our nation's food industry hidden from the American consumer with the consent government
- [Lunch Love](#) - an episodic documentary in 12 short films of Berkeley advocates and educators tackling food reform and justice in the schools and in the neighborhoods
- [Land & Freedom: Talking Food Systems](#) by Media Arts Center San Diego - a film documenting the growth of urban agriculture in several underserved San Diego neighborhoods
- [Ripe for Change](#) by Emiko Omori- this documentary explores the intersection of food and politics in California over the last 30 years




## To Do: Activate your curiosity

**Garden** - [community gardening](#)

**Donate** - [food banks](#)

**Connect** with others interested in dining out, cooking, baking or drinking in L.A. through the [L.A. Foodies Meetup](#) group

**Join** the [Pulitzer Prizes Reading Challenge](#) - read a Pulitzer winner from each of the seven categories or read seven Pulitzer winners from one of the categories in 2016

**Share** what you learned with your neighbor, your co-worker, with us! Please send Erin Menne your takeaway ideas and feedback at [emenne@calhum.org](mailto:emenne@calhum.org) or   CalHumanities  @Cal\_Humanities #calhum40 #Pulitzer100

• =California Humanities-funded project