Resource List: Food Futures  
Suggestions to recharge your curiosity!  
Based on California Humanities' staff, speakers and partner input.

Selections by Speakers

Jonathan Gold  
LA Times Food Column including Jonathan Gold's 101 Best Restaurants 2015, videos, and photos  
City of Gold, film by Laura Gabbert follows Pulitzer Prize-winning food critic Jonathan Gold as he explores the culinary culture of Los Angeles. In theaters now!

Wisdom of the Last Farmer, Harvesting Legacies from the Land  
Epitaph for a Peach, Four Seasons on my Family Farm  Book and CD of Spoken Words and Story Songs

Sarah Smith  
Institute for the Future (IvT) Food Futures Lab - reports and resources on website  
Seeds of Disruption: How Technology is Remaking the Future of Food - mapping tool for starting conversations about technology's ability to close gaps in the food system

California Fresh Harvest: A Seasonal Journey through Northern California  
The Edible Schoolyard

To Read: Explore relevant books and articles

The Future of Food According to Alice Waters by Javier Cabral, April 5, 2016, VICE Munchies – interview with Alice Waters and Mas Masumoto on the farmer/chef relationship

The future of food among many topics discussed at Los Angeles Times Festival of Books by Cindy Chang, April 10, 2016, LA Times – recap of the Festival prominently highlighting the Food Futures panel

Between Meals Cookbook by Dani Fisher and Lauren Markham - Stories & Recipes from Refugee Women - a project of Refugee Transitions

Empty Pleasures by Carolyn de la Pena - history of artificial sweeteners

The Omnivore's Dilemma: A Natural History of Four Meals by Michael Pollan - What’s at stake in our eating choices is not only our own and our children’s health, but the health of the environment that sustains life on earth

Afro-Vegan: Farm-Fresh African, Caribbean, & Southern Flavors Remixed by Bryant Terry - favorite staples, ingredients, and classic dishes of the African Diaspora to present wholly new, creative culinary combinations

L.A. Son: My Life, My City, My Food by Roy Choi - the food and the stories that gave rise to Choi’s inspired cooking and the creation of the Korean taco

Eating Culture: An Anthropological Guide to Food by Gillian Crowther - overview of the important role that anthropology plays in understanding food

World Hunger: 10 Myths by Francis Lappe and Joseph Collins - originally published in 1977, an examination of the myths and policies that prevent addressing hunger and keep people from feeding themselves

Fast Food Nation by Eric Schlosser - this exposé reveals how the fast food industry has altered the landscape of America

Food Politics: How the Food Industry Influences Nutrition and Health by Marion Nestle - revelation of how the competition for your food dollars really works and how it affects our health

Start a Community Food Garden: The Essential Handbook by LaManda Joy

Children's books portray the tough reality of hunger and poverty by Mary Treacy, Twin Cities Daily Planet, December 11, 2012 - children’s books about poverty and hunger

World Food Programs - resources to understand and fight hunger worldwide
To Listen: Learn on the go with radio and podcasts

- **Broadway: Around the World in 30 Blocks** by Elaine Corn, Capital Public Radio, December 2008-December 2009 - a yearlong series of culture and cuisine along Sacramento’s most delicious street

- **In ‘L.A. Heat’ Art Exhibit, Sriracha and Tapatio Form Holy Union of Hot Sauce** by Steven Cuevas, KQED - California Report, March 21-23, 2014 – artists explore the iconic images of rival hot sauces

- **California Foodways** by Lisa Morehouse - a radio and print series reporting stories about California and Californians through the lens of food

- **Hidden Kitchens** by Kitchen Sisters (Davia Nelson & Nikki Silva) - radio series explores the world of unexpected, below the radar cooking, legendary meals and eating traditions

- **The Gleaners of Salinas Valley: Gleaning Stories, Gleaning Change** - radio stories highlighting childhood memories on gleaning

To Watch: Engage in important California stories through film

- **Cooked**, Netflix (based on Michael Pollan’s book) - an enlightening and compelling look at the evolution of what food means to us through the history of food preparation and its universal ability to connect us

- **Food, Inc.** by Robert Kenner - a film exposing the highly mechanized underbelly of our nation’s food industry hidden from the American consumer with the consent government

- **Lunch Love** - an episodic documentary in 12 short films of Berkeley advocates and educators tackling food reform and justice in the schools and in the neighborhoods

- **Land & Freedom: Talking Food Systems** by Media Arts Center San Diego - a film documenting the growth of urban agriculture in several underserved San Diego neighborhoods

- **Ripe for Change** by Emiko Omori - this documentary explores the intersection of food and politics in California over the last 30 years

To Do: Activate your curiosity

- **Garden** - community gardening

- **Donate** - food banks

- **Connect** with others interested in dining out, cooking, baking or drinking in L.A. through the L.A. Foodies Meetup group

- **Join** the Pulitzer Prizes Reading Challenge - read a Pulitzer winner from each of the seven categories or read seven Pulitzer winners from one of the categories in 2016

- **Share** what you learned with your neighbor, your co-worker, with us! Please send Erin Menne your takeaway ideas and feedback at emenne@callhum.org or CalHumanities @Cal_Humanities #calhum40 #Pulitzer100

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