A Lens into Mi Vida:  
*Dishes of the Immigrant Experience*

### Indian & Pakistani Cooking Demonstration
Tuesday, October 16, 2018 at 4pm  
Chef Farhana Sahibzada will showcase the art of Indian and Pakistani cooking in this food demonstration. She will offer simple and quick versions of classic and popular recipes of the Indian/Pakistani cuisine.

### Kick-Off Event: Poetry Reading
Monday, October 22, 2018 at 4pm  
Join us as a few local Poets will recite their own life experiences on food and how it relates to the immigrant experience. Refreshments provided.

### Zapien’s Salsa Fresca Mexican Grill Demonstration
Tuesday, October 23, 2018 at 4pm  
Salsa Grill will be demonstrating how to make some classic Mexican dishes using fresh food and ingredients, prepared on site. Food will include chile verde, rice and beans, and cilantro caesar salad. Samples available while supplies last.

### Street Foods of Hong Kong Demonstration
Thursday, October 25, 2018 at 4pm  
Join Phoebe Chow as she demonstrates two of her sweet treats from the streets of Hong Kong: Egg Waffles & Sesame Rolls.

### Immigrant’s Rights Workshop
Saturday, October 27, 2018 at 2pm  
Join CHIRLA, as they share important information regarding the rights of all immigrants, as well as how to set up a family plan in the event of an immigration emergency.

### Photography Showcase & Author Visit, Bill Esparza
Saturday, November 17, 2018 at 2pm  
Join us as we end the *Lens into Mi Vida* program with our photography showcase and hear local author, Bill Esparza discuss his new book, *L.A. Mexicano*.

*This project was made possible with support from California Humanities, a non-profit partner of the National Endowment for the Humanities. Visit www.calhum.org*

For ADA accommodations, such as a sign language interpreter or materials in an alternative format, call 562.940.8462 (voice) or 562.940.8477 (TTY), Monday – Thursday, 8 am – 5 pm, at least 6 days prior to the event.